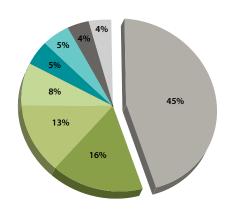
SENIORS' FALL IN CANADA

How Falls Occur



45% resulted from walking on a surface other than snow and ice

16% resulted from walking on snow or ice

13% resulted from walking up or down stairs or steps

8% resulted from health problems

5% resulted from furniture or rising from furniture

5% resulted from an elevated position

4% resulted from engagement of other sport or physical activity, and finally

4% resulted from other activity including skating, skiing & snowboarding

95% of FALLS

cause hip fractures and lead to death in **20%** of cases

In high-risk environements like Long Term Care

60%

of residents will have at least

1 fall a year

